

## Early Intervention in Psychosis



Young people aged 14-35 experiencing a first episode of psychosis.



Early Intervention in Psychosis (EIP) is an evidence-based service for young people as soon as psychosis is identified. These services have been found to deliver good outcomes in supporting recovery. Achieving positive vocational outcomes is a high priority for this service and seen as integral to recovery. EIPs are effective in preventing this particular group of young people with mental health problems from a lifetime of recurrent episodes of psychosis, long periods of hospitalisation and resultant social exclusion from employment and participation in their families and communities. Young people will receive intensive support for three years, and are supported to develop self-management strategies; other treatments may include medication and a range of therapeutic interventions.



Find contact details and information via the NHS Choices website: <http://www.nhs.uk> (do not use the search box facility to obtain details, instead select: Find and choose services > mental health > enter postcode > psychosis support).



- Anyone who recognises that a young person may have experienced psychosis can make a referral to the team for assessment. This can include the young person, their parents or carers, GPs, Connexions personal advisors, housing providers, colleges, etc.
- EIPs' roles include raising awareness about first-episode psychosis and the importance of early referral, and they will usually be happy to support training.

